

# Empowerment Workshops for Corporate Training

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This Workshop series is based on the 5 Misconceptions we live by, all based in true Science and studies. This is about Quantum physics and the true Mind/Body/ Spirit connection.

**Weekend or 2 day workshop - \$300 per person**

## **Workshop and 6 private Skype or Coaching calls: \$480**

Staff or corporate members can sign up for a coaching call after the workshop is over to continue the mentorship and guidance on a personal level. These can usually be done by Skype to service clients overseas or outside of the Lower Mainland in BC.

### **Course Content:**

**Day One** – Let me introduce you to yourself, the 5 misconceptions we live by, the Science behind living.

- Life is a struggle – or is it?
- I’m not good enough – really?

**Day Two** - belief in Lack, there’s not enough to go around?

- How to move from being the Victim in your life to the Creator of your life
- Loving the Self is not the same as being Selfish

Call Ann for more info: **604-302-8229** Bookings for your company must be accompanied by a \$100 non-refundable deposit for each staff member participating. Check the website for more details:

[www.annsangelreading.com](http://www.annsangelreading.com)

Where possible, depending on the location, I can add in a section using the Wisdom of the Horse to demonstrate feedback from the group members. This will only work in smaller groups, and will depend on the location and how accessible the use of horses is at the time. I can do this easily in my barn at Windsor Stables, but for out of town or overseas clients, it’s a different ball game. This would have to be pre- arranged for your specific location.